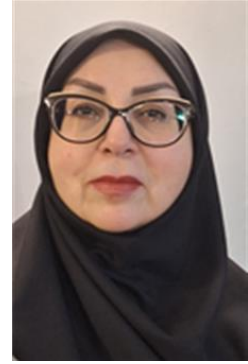




Academic Curriculum Vita



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Research interests:

Heart diseases and nutrition
Metabolic diseases, diabetes and nutrition
Medicinal Plants

Education

Year	Degree	Institution	Location
2013	PhD	Mysore University	Mysore/India
1990	MSc	Tehran University of Medical Sciences	Iran/ Tehran
1985	BSc	Alzahra University	Iran/ Tehran



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Professional Experience and Executive Positions

- Head of the Department of Basic Sciences, Shahid Beheshti University of Medical Sciences, Faculty of Nursing and Midwifery from 2019 to now
- Head of the library, Shahid Beheshti University of Medical Sciences, Faculty of Nursing and Midwifery, 2006-2008
- Employee of quality control laboratory of food, cosmetic and health products, Isfahan, Shahada Health Center 1986
- Technical manager of Ata canning factory 1990

Author and translator

- Esteki, T. (2021), Nutrition for Nurses, Tehran, Andisheh Rafi Publications

Research- Publications

1. Fotouhi F, Shahidi A, Hashemi H, Saffarpour M, Yekta A, Esmaili R, et al. Hypertension prevalence in Iran's elderly according to new criteria: the Tehran Geriatric Eye Study. *Journal of Diabetes & Metabolic Disorders*. 2023;1-10.
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7. Babapour SK, Esmaeili R, Esteki T, Naderiravesh N, Pourhoseingholi MA, Marzangu SMH. Nurses' practice about performance of nasogastric tube feeding in intensive care unit. *International Journal of Advanced Biotechnology and Research*. 2016;7(5):1585-94.
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11. Esteki t, Urooj A. Effect of ziziphus jujube mill. on dyslipidemic patients-a randomized, double-blinded, placebo-controlled trial. 2014.
12. Nazari F, Vaisi Z, Sayehmiri K, Vaisani Y, Esteki T. Prevalence and trends of low birth weight in Iran: A systematic review and. *Advances in Nursing & Midwifery*. 2013;22(79):45-52.
13. Esteki T, Urooj A. Phytochemical profile and antioxidant potential of different tissues of *Zizyphus jujube* Mill. *International Journal of Food Nutrition and Safety*. 2012;1(3):144-57.
14. Esteki T, Urooj A. Antioxidant components and activity in the peel of *Ziziphus Jujuba* mill. *Journal of Pharmacy Research*. 2012;5(5):2705-9.
15. Esteki T. Nutritional and biochemical studies on *Ziziphus Jujuba* Mill With reference to it s lipid lowering ability.
16. Akbari M, ZohariAnboohi S, BorzabadiFarahani Z, Nasiri M, Esteki T. Comparing the life styles of patients with and without nonalcoholic fatty liver disease referring to hospitals affiliated to medical sciences universities in tehran in 2016.